

CONSEQUENCES OF GAMBLING

This creative, outcome-focused activity challenges participants to explore the potential negative consequences gambling could lead to, supporting them in gaining a better awareness of how gambling harms affect people's health and wellbeing.



TIME:

15-20 min



RESOURCES:

Paper or flipchart,
pens



MATERIALS TO PRINT:

Consequences of
Gambling: Scenario cards

METHOD

1

In pairs, teams, or as a larger group, discuss how gambling could negatively impact people's lives and note these down.*

4

Ask each team to share their scenario and their notes with the rest of the group. Facilitate a discussion around each scenario, and ensure to highlight what support for gambling harms looks like and where this can be accessed.

2

Now provide each team with a scenario card. Ask the teams to consider what gambling harms the individual from the scenario might be experiencing, and add any thoughts to the existing notes.

3

Now ask each group to consider the following questions:

- How might the individual's story continue? What might happen to them? Consider both positive and negative endings.
- What might help the person to manage the situation better?

* You might find it helpful to refer to Section 2.1 on 'What are gambling harms?'.

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SCENARIO CARDS

Alex, 15 years old, used their parents' card details to gamble online every time they felt bored. Now Alex is gambling 3-4 times a week, via laptop and smartphone.

Geeta is 15 years old and every week she spends her pocket money and her lunch money on gambling. She lies about it when a relative asks her where all her money has gone.

Julie, who is 17 and going to college, has a weekend job. She uses part of her wage to buy scratch cards every day.

Achmed, who is 14 years old, constantly challenges his friends at the local youth club to Winner Takes All at the pool table.

Some friends are playing cards for money. Jay, who is 16 years old, would like to join in but he is broke. He decides to borrow £5 from one of the players hoping to win more.