

GAMBLING GENERAL KNOWLEDGE QUIZ

1

Which of the following is the best definition of gambling?

- A) Gambling is risking money on a random or unpredictable event.**
- B) Gambling is risking property on a bet.**
- C) Gambling is risking something of material value on an activity with an uncertain outcome.**

2

Which of the following is least likely to happen to you?

- A) winning the jackpot at the National Lottery**
- B) being hit by lightning**
- C) dying from a snake bite**

3

Suppose a person loses £100 at the casino on Monday, then loses another £100 on Tuesday. They decide to go back to the casino on Wednesday with another £100, as they are confident they can win back all their money. This person is...

- A) chasing their losses**
- B) hedging their bets**
- C) coveting their wins**
- D) banking their chips**

4

Which casino game can you reliably beat, over a long period of time, if you use the right strategy?

- A) roulette**
- B) dice games**
- C) slot machines**
- D) none**

5

When tossing a coin, if you get five heads in a row the odds of getting tails on the next toss are:

- A) Zero, because tails has become unlucky**
- B) 50/50 or 1 in 2**
- C) 1 in 6**

6

At what age can young people legally buy a National Lottery ticket in the UK?

- A) 16**
- B) 18**
- C) 21**
- D) Any age**

GAMBLING GENERAL KNOWLEDGE QUIZ

7

People should try everything to fix their own difficulties with gambling before asking for help.

- A) True
- B) False

8

Which of the following are signs that someone may be experiencing difficulties with their gambling?

- A) Lying about how much money and time they spent on gambling
- B) Gambling takes over their time previously spent on other activities
- C) Gambling is damaging their relationships with others
- D) All of the above

9

Name 3 other negative consequences that gambling can lead to:

A)

B)

C)

10

Name 3 ways to reduce the harm when gambling:

A)

B)

C)



GAMBLING GENERAL KNOWLEDGE QUIZ

PRACTITIONER ANSWER SHEET

1

Which of the following is the best definition of gambling?

- A) Gambling is risking money on a random or unpredictable event.
- B) Gambling is risking property on a bet.
- C) Gambling is risking something of material value on an activity with an uncertain outcome.**

A and B are correct too but C is the most complete definition of gambling.

2

Which of the following is least likely to happen to you?

- A) winning the jackpot at the National Lottery**

It's 1:45 million, compared to being killed by lightning 1:10 million and dying from snake bite 1:3.5 million.

3

Suppose a person loses £100 at the casino on Monday, then loses another £100 on Tuesday. They decide to go back to the casino on Wednesday with another £100, as they are confident they can win back all their money. This person is...

- A) chasing their losses**

4

Which casino game can you reliably beat, over a long period of time, if you use the right strategy?

- A) roulette
- B) dice games
- C) slot machines
- D) none**

Strategies can't help you 'beat the odds' when gambling, unless it's a game of skill. Although there are many strategies shared online which show players winning, over time the house edge means the house will always win.

Many of the affiliates online that are shown winning big jackpots or share their strategies are not using their own money, and are being paid to play particular games (e.g. Drake).

5

When tossing a coin, if you get five heads in a row the odds of getting tails on the next toss are:

50/50 or 1 in 2 (the odds of the game don't change, regardless of previous results)

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PRACTITIONER ANSWER SHEET

6

At what age can young people legally buy a National Lottery ticket in the UK?

18

The age restriction for the National Lottery used to be 16+, but changed to 18+ in April 2021.

7

People should try everything to fix their own difficulties with gambling before asking for help.

False

Highlight that it's very important people speak up when they are worried, e.g. with a family member, teacher, youth worker, GP or other trusted adults.

8

Which of the following are signs that someone may be experiencing difficulties with their gambling?

- A) Lying about how much money and time they spent on gambling
- B) Gambling takes over their time previously spent on other activities
- C) Gambling is damaging their relationships with others

D) All of the above

9

Name 3 other negative consequences that gambling can lead to:

Alcohol and Drug abuse; Homelessness; Relationship & Family breakdown; Debts; Criminal Activity; Anti-social Behaviour; Suicide; Headaches; Stomach upsets; Muscle ache; Rapid heartbeat; Palpitations; Blood pressure issues; Mental Health Problems; Sleepless nights; Legacy harm (e.g. poor credit ratings).

10

Name 3 ways to reduce the harm when gambling:

Set a money limit and stick to it; set a time limit and stick to it; don't borrow money to gamble; expect to lose and treat any winnings as a bonus; do not gamble if you are feeling angry, upset or lonely; never try to win back lost money; consider using gambling blockers or self-exclusion schemes; limit consumption of alcohol and other drugs when gambling; keep a balance in your life; avoid regularly gambling on 2 or more types of products; know the warning signs of gambling harms.