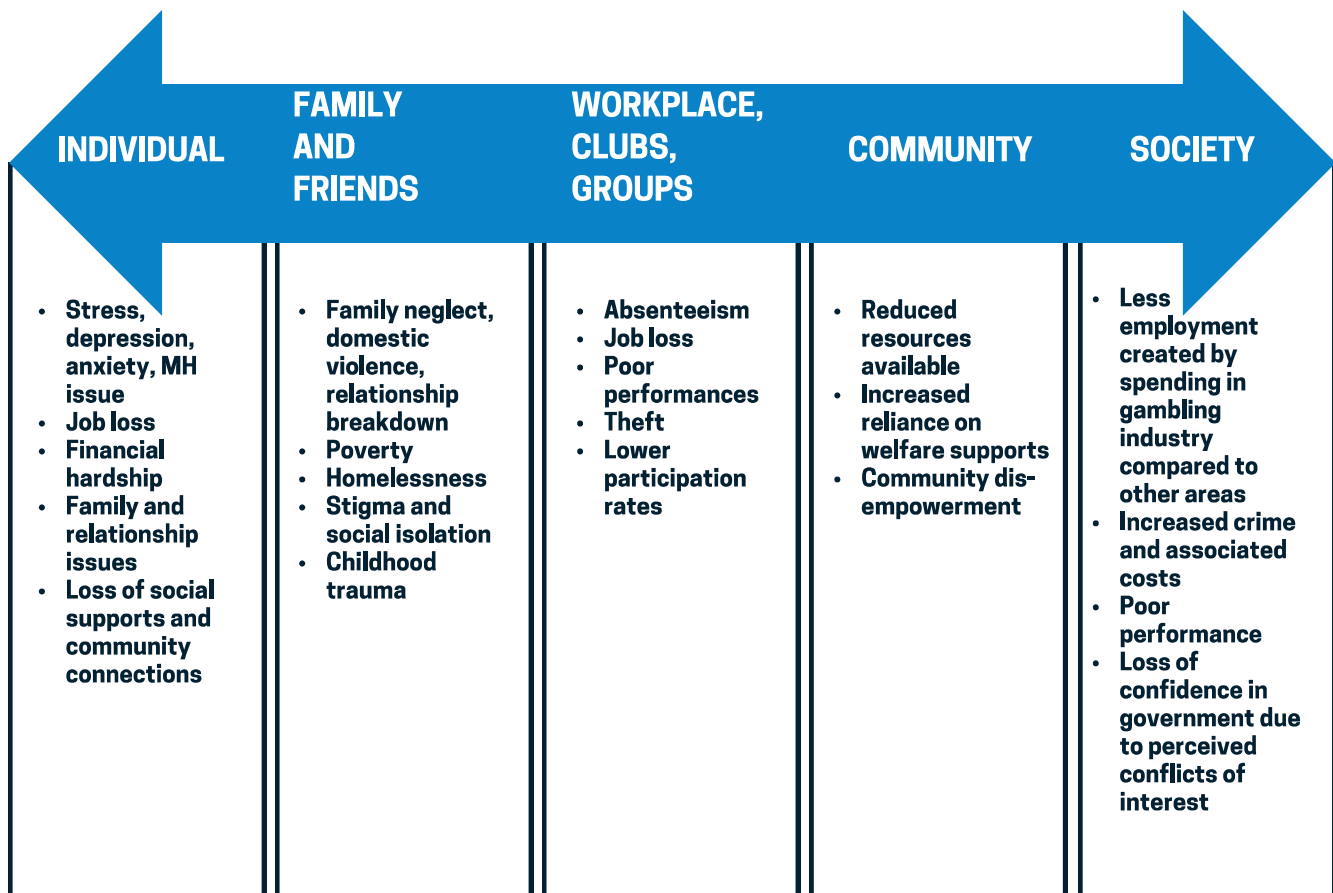


RIPPLE EFFECT

PRACTITIONER ANSWER SHEET*



HEALTH

- Unexplained joint /muscle pains
- Heart palpitations
- Breathing difficulties
- Sleep disturbances / insomnia
- Increased blood pressure
- Headaches
- Anxiety / depression
- Narcissistic presentations
- Self harm and suicidality
- Confusion
- Substance misuse
- Feelings of stigma/shame

RELATIONSHIPS

- Relationship difficulties and breakdown
- Loss of trust
- Domestic violence / abuse
- Loneliness
- Social isolation
- Neglect / abandonment
- Anti-social behaviour

SOCIAL AND FINANCIAL RESOURCES

- Poor concentration
- Money/debts
- Housing issues
- Work / school problems
- Reduced productivity
- Use of food banks

* Charts from the [‘Tackling gambling related harm: A whole council approach’](#) by Public Health England and Local Government Association, November 2018.