

CHOOSE A  
QUIET MOMENT...

...WHILST WALKING OR DRIVING  
SOMEWHERE TOGETHER...

...WHEN EVERYONE IS  
CALM AND RELAXED.

NO  
BIG  
LECTURES

LISTEN AS  
WELL AS TALK

STAY CALM

START CONVERSATIONS  
WHEN THEY ARE YOUNG

# GOOD CONVERSATIONS

IT'S OK TO MAKE MISTAKES

BE PREPARED FOR THEM  
TO ASK YOU QUESTIONS

ASK QUESTIONS

DO SOME RESEARCH

TALK ABOUT HYPOTHETICAL  
SITUATIONS

YOU DON'T HAVE TO  
HAVE ALL THE ANSWERS

THE ASK DAD PROJECT'S

TIPS FOR PARENTS, BY  
PARENTS...

...ON HOW TO HAVE  
GOOD CONVERSATIONS...

...ABOUT CHALLENGING, AWKWARD OR  
EMBARRASSING SUBJECTS WITH YOUR CHILD

