

# TOP TIP TRICKS

This card game challenges participants to collect sets of cards that feature examples of the 6 key gambling harm reduction tips - providing a fun way to become familiar with the tips and put them into practice.



**TIME:**  
30min



**RESOURCES:**

Game cards printed, cut out and laminated if possible



**MATERIALS TO PRINT:**

Game cards, Info sheet (A3)

**FOR THIS GAME, YOU NEED GROUPS OF 3 OR 4 PLAYERS.**

**The goal of the game is to collect *tricks* made up of 4 examples of the same harm reduction tip from the info sheet.**

**1** Shuffle the cards and deal out 5 cards to each player, except the player to the dealer's left who is dealt 6. This is the starting player. Place the remaining cards face down in the middle of the table, together with the info sheet.


**2** The starting player reads out one of their cards. When the player finishes reading, any other player can *call* the card by raising their hand or shouting *Me*. This player receives the card. Now it's this player's turn to read out one of their cards for a player to *call*.

**3** Players can only *call* a card until they have 7 cards on their hand. They must not request any cards if they already hold 7.


**4** Should a player read out a card that nobody wants, then this can be placed on the bottom of the draw pile, and a card from the top of the draw pile can be drawn.

**5** If a player completes a set, they can place the set under the relevant Harm Reduction Tip on the info sheet. They can then top up their hand with cards from the draw pile, if any cards are available. If a player has less than 3 cards on their hand, they are finished and have to add their remaining cards to the bottom of the draw pile.


# TOP TIP TRICKS




I THINK THIS MACHINE IS DUE TO PAY OUT, BUT I SPENT ALL MY CASH SO I WON'T CHANCE IT.




MY FRIEND SAYS HE CAN RECOUP OUR LOSSES WITH THIS ONE BET, BUT I DON'T GIVE HIM ANY MONEY.




I ACCIDENTALLY WENT OVER MY BUDGET AND FEEL I COULD WIN IT BACK... BUT I CHOOSE TO STOP NOW.



I SPENT TONS TRYING TO GET A SPECIFIC ITEM IN A LOOT BOX. I CUT MY LOSSES AND STOP BUYING ANY.



I'M SUPER STRESSED AT WORK, BUT IT'S NOT A GOOD TIME TO GAMBLE.



I TURN MY PHONE OFF IF I GET TOO ANGRY BETTING WHILE WATCHING FOOTBALL.



I'M FEELING REALLY LONELY TODAY, BUT JUST CALL MY FRIEND RATHER THAN PLAYING MORE ONLINE BINGO.



I GOT FRUSTRATED PLAYING THIS GAME, SO I TURN IT OFF RATHER THAN BUYING MORE LOOT BOXES.

# TOP TIP TRICKS



**I PLAY VIDEO GAMES FOR 3 HOURS A WEEK.**



**I GO TO THE BINGO FOR 2 HOURS EVERY MONTH.**



**I WILL STAY IN THE CASINO FOR AN HOUR.**



**I SET A REMINDER TO SWITCH MY PHONE OFF AFTER 1H OF PLAY TIME.**



**I USE A GIFT CARD TO PURCHASE IN-GAME ITEMS SO I CAN STICK TO A MONTHLY LIMIT.**



**I TAKE CASH TO THE RACES THAT I'M HAPPY TO SPEND.**

**I ONLY BUY ONE SCRATCH CARD DURING MY MONTHLY SHOP.**



**I ONLY SPEND A FIVER AT THE ARCADES.**



# TOP TIP TRICKS



I LOVE MY VIDEO GAMES, BUT I ALSO HANG OUT WITH MY FRIENDS A LOT.



I GO TO THE RACES EVERY ONCE IN A WHILE, BUT MY OTHER HOBBIES ARE MORE IMPORTANT.



MY FAMILY, FRIENDS, SCHOOL AND HOBBIES COME FIRST. I DON'T LET GAMBLING GET IN THE WAY.



IF I'M BORED, I SEE ABOUT HAVING MY FRIEND OVER RATHER THAN GAMBLING.



WHEN INSTALLING APPS, I SWITCH NOTIFICATIONS OFF SO I'M NOT TEMPTED TO PLAY MORE.

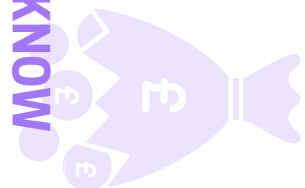


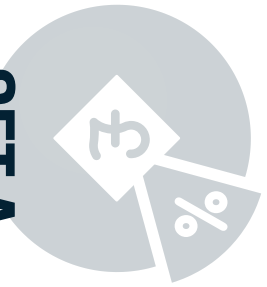
WHEN I GAMBLE, I DON'T EXPECT TO WIN.

I DON'T FALL FOR "FREE SPINS" OR OTHER INCENTIVES TO PLAY MORE.

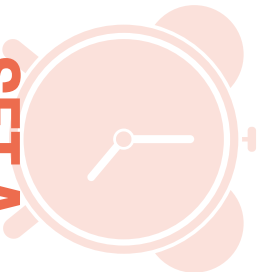


I LET MY FRIENDS KNOW ABOUT THE HOUSE EDGE BEFORE THEY GAMBLE.





**SET A  
BUDGET  
& STICK TO IT**



**SET A  
TIME  
LIMIT**



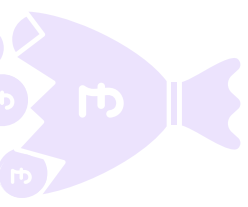
**DON'T  
GAMBLE  
TO COPE  
WITH  
NEGATIVE  
FEELINGS**



**NEVER  
CHASE  
YOUR  
LOSSES**



**BALANCE  
GAMBLING  
WITH  
OTHER  
HOBBIES**



**KNOW  
THAT  
GAMBLING  
IS DESIGNED  
TO TAKE  
YOUR  
MONEY &  
KEEP YOU  
PLAYING**